

# Health & Safety Certification & Services Ltd

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HSE/ITSSAR National Training Provider No 3:10005 Registered in England No 06991213



## Harness & Lanyard Inspection



### Aim

This course is designed to instruct delegates in the correct inspection regime and methods of inspecting safety harnesses and associated equipment across differing environments for working at height, as an in company appointed person. The Course is specifically designed for any person who is involved with working at height.

### Knowledge

Upon successful completion of this course, the operator will be able to / have knowledge of:

- Their responsibilities under the Health & Safety At Work Act
- The employers responsibilities under the Health & Safety At Work Act
- The specific safety regulations and operating practices for inspections
- Show an understanding of their legal duties.
- Understand inspection periods and types.
- Understand inspection practices for differing harness types
- Understand inspection requirement



### Course Content

- Accidents - causes and prevention.
- Systems Of Work
- Inspection techniques across the range of equipment •
- Inspecting Lanyards & Arresters
- Inspecting securing points
- Safe Storage of harness
- Practical applications of the course content.
- Inspection recording,
- Removal / Rectifying unsuitable harnesses and equipment.
- Safety & Application Knowledge Examination
- Practical Skills Examination



### Durations / Ratios

Variable depending on Delegate numbers (1 Day up to 4), their experience and prior knowledge.

### Notes

The above timings assume candidates attend together throughout the course. Attendance for the above periods do not infer automatic pass situations as training times can vary depending on individual candidates abilities to assimilate knowledge & skills.

Candidates must successfully complete Practical Skills Examination and Safety Knowledge examinations for certification.

HSCS will supply (as appropriate) all training materials, manuals, HSE handouts, videos, Audio Visual unit, examination papers and full report/training documentation.

All Harnesses, Lanyards, Lines, Shackles, carabineers" etc must be supplied at site.

A room / office will be required for delivery of this course

### Entry Requirements

Candidates minimum age will be 21.



## Course Syllabus

### Period 1 Introduction to the course

Delegates will be introduced to the course, administration and documentation will be completed and the aims and objectives explained

### Period 2 Health & Safety

Delegates will be made aware of both theirs and the company's responsibilities under the Health & Safety at Work Act and the associated transport legislation.

### Period 3 Safe System

Delegates will be appraised of the overall system of inspection, using HSE handouts, HSCS materials and any company risk assessments as well as viewing the appropriate safe practices video programme.

### Period 5 Inspection Checks

Delegates will be shown the correct and required inspection checks, these will be in line with HSE legislative requirements, best practice, the manufacturers recommendations, The inspection checklist and safety procedures.

### Period 6 Recording Inspections

Delegates will be shown examples of correct and required inspection check documentation, delegates will be shown correct completion of these and advised of correct record keeping.

### Period 7 Non Compliance

Delegates will be advise of correct procedures for actions required upon finding non conformance items, their disposal, repair etc.

### Period 8 Supervised Practice

The candidate will practice the overall procedures with corrective instruction as appropriate.

### Period 9 Theoretical Examination

The candidate will undergo a recognised theoretical examination of legal duties, practices, procedures and problem solving within the operation of loading, transporting and off loading plant.

### Period 10 Practical Examination

The candidate will be examined on their practical skill, this will be a set specific examination encompassing the practical elements of the operation. Pass mark will be a maximum 20 penalty points.

### Period 10 Feedback & Close

The candidate will be appraised of their performance with any weaknesses, strengths or recommendations identified, and final documentation completed.

## Course Documentation

On completion of the course copies of the following documentation is forwarded to the employer. Originals are retained by HSCS both in hardcopy (archived) and in electronic form for immediate availability.

## Temporary Pass Notification

This is issued on successful course completion and is valid for 2 weeks from the examination date, by which time full certification and positive ID cards will have been issued.